

The Following Collect, Epistle & Gospel will be read during the Eucharist today in the personal Chapel of the Presiding Archbishop of the Australian Church of Antioch, The Most Reverend Frank Bugge.

The 1st Sunday in Lent

Violet.

Intent - Self Examination

Candles 6.

The Collect.

O Loving Father, look upon your children who have answered your call, come to us with aid in our time of need, and lead us from ignorance so we may enter into the light of knowledge, through our loving Saviour the Christ Lord. Amen.

Be with us O Lord in all our doings and further us with thy continual help, that in all our works, begun, continued and ended in thee, we may glorify thy Holy Name through the Christ our Lord. Amen.

The Epistle for the 1st Sunday in Lent is from the words of the Prophet Mani.

The one whose mind is full of the light of God and compassion is the one who has wisdom. As soon as they hear the truth they welcome it to themselves. They whose minds are without this light are weak souls which have not learned the truth, and are doomed to remain without rest or happiness until this light is found. The enlightening word of God is sweet when it finds ears to hear it; it does not lodge in a closed mind, or make its way in a polluted shrine. Let us examine our shrines, and if necessary purify them, so that in cleanliness they may receive the light.

Here Endeth the Epistle.

The Gospel for the 1st Sunday in Lent is from the words of the artist Horrie Costello.

In the examination of ourselves, how many of us can be objective and entirely honest. Can we, and do we, present ourselves a true picture of our personality without any form of editing or moulding to twist the picture as we would like it to be. Think of all the unpleasant things we have done in this life. Do not omit any of the seemingly trivial and unimportant quips at other people's expense, for they have still created pain of some sort. Now think of all the nice things we have done for others in this life. Can you honestly say that you are balanced towards the good? If we were to see ourselves as the Lords of karma see us, I doubt if we could ever face our friends and acquaintances again. In spite of the gloomy picture we present, do not despair that we cannot come out on top. This is the ultimate goal for humanity and it shall be achieved. It would be nicer to achieve it sooner than later, for this will save countless hours, months or even years of suffering. Examine yourselves honestly now, for even the slightest improvement may be the turning point to a swifter and more peaceful evolution.

Praise Be to Thee O Christ.