

**The Following Collect, Epistle & Gospel will be read during the Eucharist today in the personal Chapel of the Presiding Archbishop of the Australian Church of Antioch, The Most Reverend Frank Bugge.**

**The 4th Sunday after Epiphany.**

**Green.**

**Intent - Overcoming of Sorrow.**

**Candles 6.**

**The Collect.**

O Father God, allow us to untie the strangling knot of earthly attachments, and heal the disease of the passions of this world, and thus open our eyes to wisdom, giving us the power to share and give joy to all people; this we ask in the Christ name. Amen.

**The Epistle for the 4th Sunday after Epiphany is from the writings of the Prophet Mani.**

Let us not ever think that we have been deserted by our teachers and Masters. If we follow faithfully we will see that all our hardships will eventually disappear like a gloomy shadow before the sun. There is nothing that is perfectly free from suffering. There is also nothing that suffers that will not rest in the end. Even a lowly seed finds no way to live unless it dies, but through its death it lives and gives life also. Let us too strengthen ourselves, for we see that blessings will come to us as the Masters know we are ready to accept them. Then all sorrow and misery for us will cease to be, and we will live in peace and glory.

**Here Endeth the Epistle.**

**The Gospel for the 4th Sunday after Epiphany is from the meditations of the teacher Rabu.**

When you follow your inner guide to revel in the beauties of greater things, and see not the dinginess in the physical then you shall ever be free of sorrow. Sorrow is like some types of fungus. It flourishes in darkness of ignorance, and as darkness continues, it gets bigger and bigger. When the brilliance of enlightenment plays upon it, it withers under the force of the rays. Like the fungus, sorrow will wither under the force of the raising of consciousness, for the things of misery cannot live on higher planes. Elevation of consciousness to deeper understanding is the answer to overcoming sorrow, for sorrow does not exist in the mansions of God.

**Praise Be to Thee O Christ.**

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